



# Dannica Lin

## M.D. Psychiatrist

Office: (206) 386-3103

### Bio

I believe strongly in the importance of a collaborative therapeutic alliance, and my hope is to help my patients alleviate their symptoms, achieve their goals and find more satisfaction in their lives. I typically integrate supportive, problem solving, psychodynamic and mindfulness techniques in my work. I currently see patients for medication management, combined medication management and therapy, and individual therapy without medications.

#### Education and Training:

- Clinical Assistant Professor, University of Washington
- Psychiatry Residency, University of Washington
- M.D., University of Washington School of Medicine
- B.S., University of Southern California

#### Areas of Special Interest Include:

- Evaluation and management of mood and anxiety disorders
- Dealing with life transitions, relationship issues, and cultural issues
- Maternal and women's health, including during pregnancy and the post-partum period
- Adult ADHD: Appropriate and inappropriate use of stimulants